

## Gum Springs Community Center

8100 Fordson Road, Alexandria VA 22306



Operating Hours: Monday- Friday 9 a.m. - 9:45 p.m./ Saturday 1 p.m. -9:45 p.m.  
Telephone: 703-360-6088

### March 2015

Programs			
Program	When	Time	Description
Breakfast	Tue/Wed/Thu	10-10:30 a.m.	Senior program
Exercise	Tuesday and Wednesday	1 p.m..	Senior program
Shopping	Wednesday	10:30 a.m.	Senior program
Motor Tuesday's	Tuesday	10:30 a.m. - noon	Senior Program
Memory game	3/4/2015	10:30 a.m.	Senior Program
Health Discussion	3/11/2015	10:30 a.m.	Senior program
Eye Exercise	3/18/2015	10:30 a.m.	Senior program
About Me Activity	3/25/2015	10:30 a.m.	Senior program.
Homework help	Monday- Thursday	3 p.m.	After school Program (grades 1st-6th)
Nutrition and Health 1st -3rd grade	Monday	4 p.m.	After school Program (grades 1st-3rd)
Nutrition and Health 4th - 6th grade	Monday	5 p.m.	After School Program (grades 4th -6th)
Teach Me Tunes	Tuesday	4 p.m.	After school Program (grades 1st-3rd)
Teach Me Tunes	Tuesday	5 p.m.	After school Program (grades 4th-6th)
Gym	Wednesday	4 p.m.	After school Program (grades 4th-6th)
Gym	Wednesday	5 p.m.	After school Program (grades 1st-3rd)
Game Room	Friday	3 p.m.	After school Program (grades 1st-6th)
Fine Cuisine	Friday	4:30 p.m.	After school Program (grades 1st-6th)
Gym (staff choice)	Friday	5 p.m.	After school Program (grades 1st-6th)
Classes			
Class	When	Time	Description
CPU lab	Wednesday	5 p.m.	4th to 6th grade. After school program
CPU lab	Wednesday	4 p.m.	1st to 3rd grade. After school program
Special Events/Trips			
Event/Trip	When	Time	Description
Monthly Senior Luncheon	3/31/2015	10:30 a.m.	Senior Program. Famous Daves
Baltimore Aquarium	3/12/2015	10:30 a.m.	Senior Program
Thrift Store Hop	3/19/2015		Senior Program
The Bold and The Beautiful	3/26/2015	12 p.m.	Senior Program
Caffeine Social	3/5/2015	11 a.m.	Senior Program
Community Meetings			
Meeting	When	Time	Description
Senior Meeting	3/27/2015	10 a.m.	Senior program. At South County Senior Center